



Water Aerobics Schedule

January 1 – May 2022

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00am	Silversplash Cindy		Silversplash Joyce			
8:00am	Aqua Zumba Amanda	Deep Water Cindy Silversplash Marina	Dance Party Cindy	Silversplash Marina Deep Water Patty	HIIT Party Cindy	Aqua Cycle Cindy (T)
9:00am		Water Arthritis Marina	Aqua Cycle Colt	Water Arthritis Marina		
5:30pm				Aquacycle (T) Colt		