



Water Aerobics Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00 am - 8:00 am	Silversplash Marina	Water Arthritis Joyce P.	Silversplash Bonnie	Silversplash Marina	Silversplash Bonnie	
8:30 am - 9:30 am	Water Arthritis Marina	Water Arthritis Amanda	Movin With Music Bonnie	Water Arthritis Marina	Movin With Music Bonnie	
9:00 am - 10:00 am	Water Zumba Amanda	Deep Water Aimee	Aqua Dance Cindy	Deep Water Cindy		Aqua Cycle (T) Cindy
10:00 am - 11:00 am	Aqua Cycle (L)		Aqua Cycle (L)			

Aqua Cycle Classes: L = Lap Pool, T = Therapy Pool

****Members will NOT be required to reserve place in class-this is subject to change***