



Water Aerobics Schedule

January – May 2023

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00am	Silversplash Cindy		Silversplash Joyce			
8:00am	Water Zumba Amanda	Deep Water Cindy Silversplash Marina	Dance party Cindy	Silversplash Marina Deep Water Patty	Dance party Cindy	Aqua Cycle Cindy (T)
8:30am	Water Arthritis Joyce					
9:00am		Water Arthritis Marina	Aqua Cycle Colt (L)	Water Arthritis Marina		
5:30 PM				Aquacycle (T)		